



FAMILY SUPPORT GROUP

Support group forming for family and friends of loved ones that live with a mood disorder.



This support group is for families and friends facing challenges with loved ones with a mood disorder.

We meet twice a month in a supportive non - judgmental environment, to learn from each other and offer emotional support and information.

INFORMATION ON MEETING DATES, TIME AND LOCATION

Please contact group
facilitator Amanda at:
Amanda@obad.ca

Website: obad.ca